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**Horticulture Centre
of the Pacific**



July 2022 eNews

Garden hours: 9:00 am to 4:00 pm

Everyday

Year of the Garden

Année du jardin



For more information on the Year of the Garden please visit:

<https://livethegardenlife.gardenscanada.ca/>



A Message from our General Manager

**Our Arts & Music Festival is Back! Please join us and
support our biggest Fundraiser of the year!**



THE HORTICULTURE CENTRE OF THE PACIFIC

ARTS & MUSIC IN THE GARDENS

AUGUST 6 & 7 - 10AM - 4PM

LOCAL ARTISTS | 50+ VENDORS | **LIVE MUSIC**
PLANT SALE | **USED BOOKS** | FAMILY ACTIVITIES
FOOD TRUCKS | CONCESSION STAND | **BBQ**

MEMBERS GET FREE ADMISSION
FREE PARKING OFF BEAVER RD
9 ACRES OF AWARD-WINNING BOTANICAL GARDENS
VICTORIA MASTER GARDENERS ONSITE

505 Quayle Road, Victoria, BC V9E 2J7



Advance Tickets Available Online Only [BUY TICKETS](#).

This year we have partnered with LifeCycles to look after the Field parking on Beaver Road - please be generous with your donations to this very worthy non-profit, and Coastal Ski + Sport/Sports Rent who are providing us with bike racks free of charge!



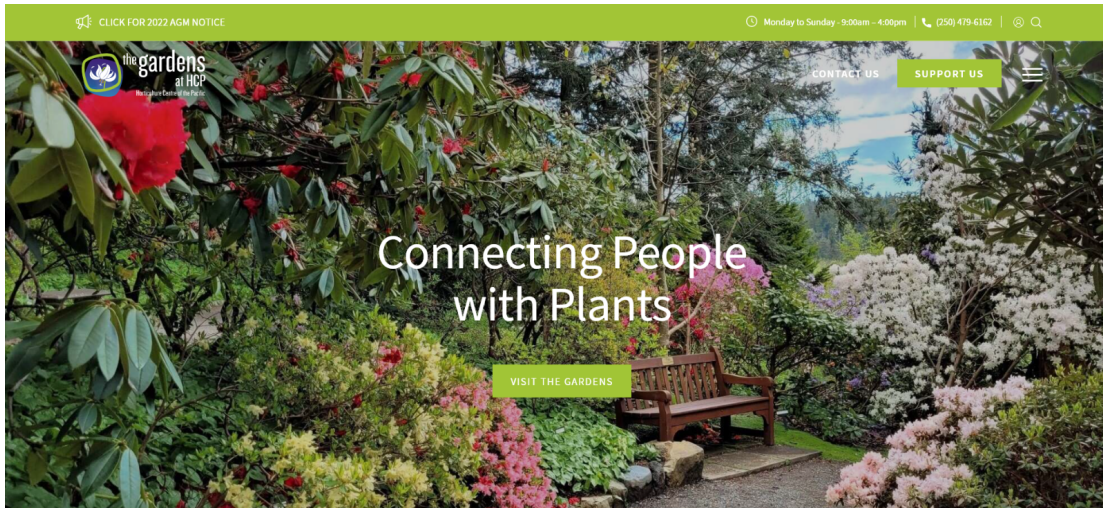
Cultivating Communities

LifeCycles cultivates community health from the ground up by connecting people to the food they eat and the land it comes from. We support people in gaining the knowledge, skills and resources needed to access, grow and preserve local food in ways that foster biodiversity and enhance our urban environment.



Coastal Ski + Sport/Sports Rent lets you try it before you buy it. We offer rentals from a selection of bikes to mountaineering, with everything in between. We retail skis, SUPs, and all surf. Offering the largest selection of disc golf in Victoria. Adventures start here!

Reminder**- Check your HCP Membership **EXPIRY** and make sure you are up to date to save yourself time at the gate! [RENEW](#) online, in person or by phoning the office 250-479-6162. Thank-you!



Have you checked out our new website? hcp.ca



A Message from our Head Gardener



Message from the Head Gardener:

As I write this, we are experiencing higher than normal temperatures and humidity.

I have worked outside my entire adult life but realize now more than ever how easy it is to get heat stress.

Firstly, what is Heat Stress? Simply put, 'your body heats up faster than it can cool down'. Our bodies remove heat by sweating and increasing blood flow to the skin. Primary factors contributing to Heat Stress are;

1. The environment- This entails air temperature, humidity, and reflective or radiant materials that you are working in or around (roof top, concrete/asphalt surfaces).
2. The work- The more active you are the more heat you produce.
3. The worker- All of our bodies are different and therefore manage heat differently. It's extremely important to stay hydrated* when working in hot conditions and to drink water before you are thirsty. Also, appropriate clothing (sun hats, moisture wicking garments, etc.) is essential.

**Hydrated* - recommended water consumption is approximately 1 litre per hour when working in hot conditions. Consuming a cup of water (250mL) every 15-20 minutes is most ideal. Also, it is extremely important to drink water after working outside as well as having a nutritious & balanced meal to finish your day with.

If the factors to heat stress are not recognized it can lead to heat exhaustion. Heat exhaustion is caused by depletion of both water and salt due to sweating during prolonged periods of exertion when fluid replacement has not been sufficiently matched.

Signs & Symptoms of Heat Exhaustion

- shallow respiration
- increased respiratory rate
- weak, rapid pulse
- cool, pale, clammy skin
- sweating
- weakness, fatigue, dizziness
- headache, nausea
- fainting

-muscle cramps

Treatment of Heat Exhaustion

Find a cool shaded environment. Apply a cool damp cloth to the skin surface, fanning, and water consumption. Symptoms should dramatically improve within 30 minutes.

If these signs & symptoms remain untreated, heat exhaustion can lead to heat stroke. Heat stroke is a serious medical issue and requires immediate aid.

Signs & Symptoms of Heat Stroke

-hot, dry, flushed skin

-*absence of sweating*

-agitation, confusion

-decreased level of consciousness

-headache

-nausea or vomiting

-seizures

-increased respiratory rate

Absence of sweating has been italicized because it is often the only way to differentiate heat exhaustion from heat stroke. Heat stroke occurs when the body can no longer dissipate heat and is overwhelmed and on the verge of failing. The body's core temperature rises above 41°C.

Working in extreme heat with no protection is dangerous. Think about the tasks that need to be performed and try to schedule your day so that the most physical tasks are first thing in the morning or outside the hottest hours of 11am - 4pm.

This info is from the Worksafe BC site.

Please look after yourself and others!

Linda



Click to download our [Community Education Workshop List](#) for August & September.



WE NEED YOUR HELP!

ARTS & MUSIC IN THE GARDENS IS BACK FOR 2022!

AUGUST 6 & 7 2022

If you have a golf cart that is not being used on the A&M weekend and you would be willing to rent/lend it to us we would be so grateful! It is needed to assist our musicians with their equipment. Please contact Deborah if you are able to help at director@hcp.ca



Giles' Jottings

Giles' Jottings will be back in August.



Treat yourself
to a visit to the Gardens
and the amazing food at
C&Q

OPEN
Thurs, Fri, Sat, Sun.



Pacific Horticulture College





Pictured: 2022 Certificate Students removing invasive yellow iris.

Term 2 of the Certificate Program is now in full swing here at the college. New courses for this semester include Plant Health, Introduction to Permaculture and Grading and Drainage. The students are also working hard on their second half of the Landscape Design course, with the main focus on their Landscape Design Student Projects which will be completed during August-October. Thank you to all those who applied to participate in this exciting project! Later this month the Certificate Program students will complete their first week of the Work Experience Program. During this week the students will

complete 35 hours of work experience in a professional, safe, and supervised environment. The students will be heading to a variety of placements including Ravensong Seeds and Herbals, Cordova Bay Golf Course, Satinflower Nurseries, Russell Nursery, Tiny Tree Herb Farm, Lifecycles Project, Saanich Parks and Recreation, Healing Farm, Terra Pacifica Landscapes, Muddy Boots Gardening, and the Township of Esquimalt. The Work Experience component must be completed in order to graduate the Certificate Program.

We look forward to welcoming back familiar and meeting a few new faces for the next Level 2 Landscape Horticulturist Apprenticeship Training program, which begins on August 8th! This part-time program will run until mid-December.

We are also thrilled to announce that we are the proud recipient of the “Tools for Schools” grant from the Interlocking Concrete Pavement Institute (ICPI)! A huge thank you to the ICPI and Hardscape Training Canada for their support and a special thank you to PHC instructor Kevin Wilson of Hardscape Training Canada for helping with the purchase of our new hardscaping equipment. Make sure you are following @pacifichorticulturecollege on Facebook and Instagram to see the tools in action and for our day-to-day excitement!

Programs Now Open for Applications:

2022 Level 3 Landscape Horticulturist Training - October 31 to December 9, 2022

Deadline to Apply: October 3, 2022 (waitlisted)

2023 Level 4 Landscape Horticulturist Apprenticeship Training - January 9 to February 17, 2023

Deadline to Apply: December 5, 2022

2023 Landscape Horticulture Certificate Program - January 16 to November 14, 2023

Deadline to Apply: November 1, 2022

2023 Level 1 Landscape Horticulturist Apprenticeship Training - January 23 to May 24, 2023

Deadline to Apply December 12, 2022

2023 Landscape Horticulture Gap Training – February to March 2023

(Open for Interest List)

Application forms and requirements can be found online. Applicants are encouraged to still apply even if a program is taking a waitlist. Please contact the college at collegeadmin@hcp.ca if you would like to be added to the interest list for any of these programs or have any other program questions.



Children & Youth Programs

HCP Kids – Children, Youth & Family Nature Programs

Summertime is a busy one for many families and we were delighted to see so many of you out to celebrate with us on Pollinator Day at HCP!! The main rotunda of the gardens were a buzz with displays and activities offering a closer look at the many native pollinators we have in our gardens and backyards. Our partners received such rave reviews that they plan to be back this Fall for our Harvest Festival (Saturday, October 29th).

Our Hong Kong students Tom and Bill completed a Grid Herb Garden (before they returned to their families and studies in Hong Kong) and our campers and garden visitors have been enjoying the addition to our HCP Kids Teaching Garden. Our campers have been busy seeding, transplanting, watering, and weeding the space and be sure to check it out on your next visit. Some of our highlights include: A Tea Garden; Bean Tower; and a Lattice Lettuce Bed. The Keyhole Garden had an amazing bounty of potatoes that were recently harvested as a mentorship project between our JMG Garden Campers and our Seed the City Students from Lifecycles. We just had to celebrate their efforts and the bounty with a Cob Oven potato bake. Check out some of the highlights below!



Imagine a gentle nature walk with your child to calm and inspire you both! This rain or shine outdoor program on our endless pathways provides us with many social and nature connections. This is followed by a story time that encourages the development of listening skills and small group interactions. Plan to bring along your favourite story blanket and snack to enjoy during the story with your child and invite a friend. Pre-registration is required to determine if this program will run.

- **Dates:** Thursday Aug 11, 2022
- **Time:** 10:00am - 11:00am
- **Age:** 3+ years, siblings welcome!

- **Fee:** \$10/child, \$15/2 children
- **Register:** [HERE](#) or phone (250) 479-6162



Garden Nature Academy - Fall Session

***This recurring nature program is limited to 10 students and it fills quickly!**

- **Dates:** Tuesday's for 12 weeks: from September 6 to November 8, 2022
- **Time:** 9:00am to 11:30am
- **Age:** 3 to 5 years
- **Fee:** \$250 for members, \$295 for non-members (price is for full series)
- **Register:** [HERE](#) or phone (250) 479-6162



Garden Camps - Please check back for our Pro D Day camps for 2022/23 coming in our August E-News!



Succulent Gardens

These plants come in a variety of colours, shapes, and sizes and are easy to grow and to propagate. Let's get creative as we explore these interesting and diverse plants, using our many demonstration gardens for inspiration. We will use planters to create stunning container gardens that are drought tolerant and child friendly.

- **Date:** Tuesday, August 9, 2022
- **Time:** 1:30 - 3:00pm
- **Age:** 6+ years
- **Fee:** \$25/members, \$30/non members
- **Register:** [HERE](#) or phone (250) 479-6162

Tea Time

Tea brewing is an art form that goes back to ancient times. Did you know that many of the herbs growing in our gardens are easy to use for brewing? Children love to explore and learn about these interesting plants that provide our brews with flavours, colours and scents. Together we will explore the herb and flower gardens to create a better understanding of these plants and their uses. Then we will create our own blends to take home and discuss drying and storing techniques while we taste our teas.

- **Date:** Thursday, August 11, 2022
- **Time:** 1:30 - 3:00pm
- **Age:** 6+ years
- **Fee:** \$25/members, \$30/non members
- **Register:** [HERE](#) or phone (250) 479-6162



Our gardens feature many special places to explore and enjoy together. These make for the perfect celebrations for your child's birthday with friends and family. Choose from one of our popular workshop themes to make it the right fit for your child! These feature our many miniature garden themes

(Terrariums, Fairy, Gnome, Pollinator, Dinosaur, Herb, and Dragon), as well as, Tea Time and Herbal Connections. These private workshop bookings are 1.5 hours in length and families are welcome to host their own private reception for refreshments following these. For more information and reservations, please contact us at

Private Workshops for Birthdays - youthprograms@hcp.ca



Community Education Workshops

Note: Please visit our [website](#) prior to registering to review our up-to-date Covid protocols for in-person classes.



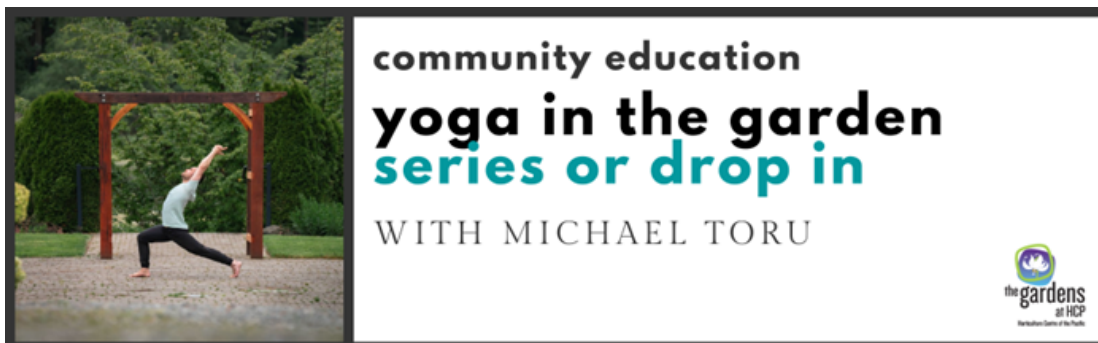
Plant Identification & Culture Workshops with Jane Tice

Next dates: Saturdays, August 20, September 17 - 1:00pm - 4:00pm

This is a great monthly class for new gardeners or gardeners who want to improve their plant knowledge. Each month participants will be introduced to 20 new plants in each session. Plants are selected for our local growing conditions and the value they bring to the garden.

HCP Members \$40 / Non-Members \$50

Register [ONLINE](#) or call 250 479 6162



Yoga in the Garden with Michael Toru

New Date - Wednesday - 5:30pm - 6:15pm - August 3

If this all-levels yoga class experience had to be summed up in one word it would be "nourishing". You can expect to move in ways that will nurture key areas of your body like the low back, hips, shoulders and more. The intention of this class is to leave you feeling more connected to yourself and the beautiful nature of the Gardens at HCP.

Drop (\$10) in or pack of 5 (\$45)

Register [ONLINE](#) or call 250 479 6162



Wellness Garden Gatherings with Marnie Dangerfield - By Donation

The 4th Wednesday of each month - Next date August 24 - 1 - 3pm

Pause for a guided break in the garden each month while connecting with others in your community in a kind, compassionate, creative garden space. The intention of these gatherings is simple: have fun while connecting with yourself and others in the beautiful garden setting. Registration required.

By donation, registration required.

Visit our website to learn more or register [HERE](#)



Cedar and Willow Bark Twill Cat's Head Basket Workshop with Joan Carrigan

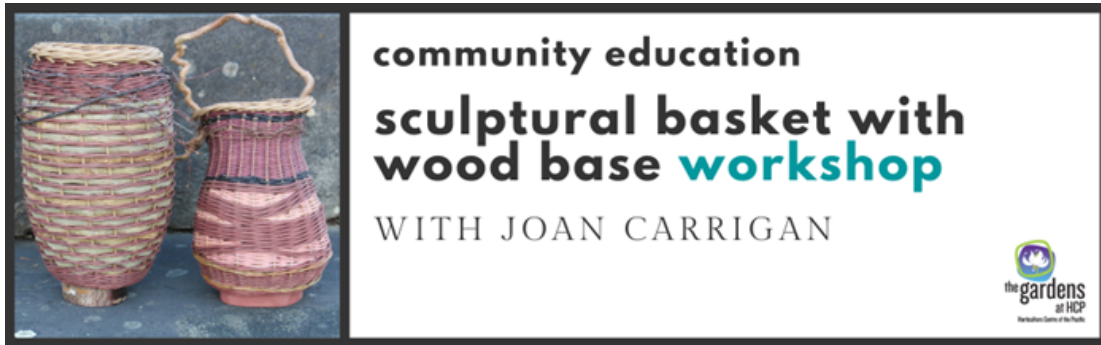
Friday, August 12 - 9:30am - 4:30pm

This basket is woven with cedar bark spokes and willow bark in a continuous twill pattern. We will shape the basket in the style of a Cat's Head basket

associated with Shaker baskets. These baskets start with a square base and are woven in a unique way to achieve a rounded shape. The rim of this basket is a decorative variation of a fold down rim using three strand twining. Approx. size: 5" x 5" x 4"

Members \$120.00 / Non-Members \$140.00

SOLD OUT: Add your name to the waiting list [HERE](#)



Sculptural Basketry with a Wood Base Workshop with Joan Carrigan
Saturday, August 13 - 9:30am - 4:30pm

Explore the sculptural design possibilities of Wicker Basketry when starting with a wood base. Bases will be provided along with dyed round reed and a selection of natural materials such as bark to incorporate into this sculptural basket. In the process of weaving this basket, participants will learn control of shaping as well as a variety of weaving patterns. The rich variety of colour and design options makes for a fun and creative experience.

Members \$120.00 / Non-Members \$140.00

Register [ONLINE](#) or call 250 479 6162



Creative Journaling Garden Walk with Marnie Dangerfield
Friday, September 9 - 1:00pm - 3:00pm

Are you looking for a monthly restorative self-care and creative experience? Meet me in the garden for a creative journaling garden and wonder walk! Fill

your Nature prescription and commit time to connect to you, nature and your creative power.

With your journal and pen/pencil in hand you will have fun experiencing the mind/body/spirit benefits of being in the garden along with creative exploration. No art experience or perceived 'talent' required.

Members \$40.00 / Non-Members \$45.00

Register [ONLINE](#) or call 250 479 6162



Hanging Herbarium Workshop with Sheila Weitman

Wednesday, September 21 - 10am - 12pm

Enjoy a tranquil moment of creativity and connection with nature with horticulture therapist Sheila Weitman. Using pressed flowers and plants, hanging herbariums are a personal artistic expression through the tiny wonders we see in the natural world. Spend time with fellow plant lovers and experience gratitude and appreciation of nature's wonder. Each participant gets to create and take home a hanging herbarium.

Members \$45/Non Members \$50

Register [ONLINE](#) or call 250 479 6162



Master Gardener Program 2023 - Interest List

This course is a prerequisite for joining the Victoria Master Gardener Association. It is also a great program for the home gardener or hobbyist to learn current, reliable home gardening basics. The course runs one time per

year between January and May. It is partly in person and partly online via zoom on Sunday mornings and Thursday evenings. This is a very popular program and usually sells out right away. If you would like to go on the interest list to receive registration updates, please email communityed@hcp.ca or visit our website [HERE](#) to read more about the program or go on the [INTEREST LIST](#). Registration typically opens in September.



Willow Chair Workshop with Andrew Kent

Sunday, September 18 - 9am - 5pm

Join artisan Andrew Kent from The Willow Way for this full day workshop. In one day, with Andrew Kent's expert instruction, you can make and take home your own Bent Willow Rustic Chair.

HCP Members \$250 / Non-Members \$275

Register [HERE](#) or call 250 479 6162



Online Basketry Workshops with Joan Carrigan

Join Joan Carrigan for a creative and social online class via zoom. Online basketry classes are surprisingly popular. Due to high demand, Joan runs these classes several times a year. If you are interested in attending, sign up for the interest list and get notified when a new date is set. We look forward to seeing you online! View the list of online options on our website [HERE](#)



**Interested in instructing
community education?**

**contact communityed@hcp.ca
for more information**



OUR NEWEST CORPORATE MEMBERS!



Wes-Tech Irrigation is Vancouver Island's Irrigation destination. Wes-Tech supports Victoria and Southern Vancouver Island with excellent customer service and unmatched in-stock products. We supply everything you need to make your garden glow including supplies for micro and drip irrigation, sprinklers, and agricultural irrigation. We also carry products for ponds and water features and landscape lighting. With expertise provided by our customer service team and two locations in Victoria and Langford, we have everything you need to foster a beautiful garden and healthy eco-systems.

Visit us or shop online! (Hyperlinked to irrigation.ca)



Keep The Flowers Blooming





Thank you so much for your generous support!

As a charity, the Horticulture Centre of the Pacific depends on the support and generosity of others to help us make a difference. The maintenance of our gardens is funded through our memberships as well as donations, sponsorships, grants and income from our gardens through admissions, plant sales, events and weddings. Even though much of the creation and maintenance of the gardens is carried out by teams of hardworking and cherished volunteers, there is still a large financial commitment when caring for nine acres of curated gardens. Your donations provide essential support, especially now.

Thank you so much for your continued support -- we couldn't do it without you! Visit our [website](#) or phone (250) 479-6162 to donate today.



Membership Reminder

Revenue from annual memberships supports youth programming, horticulture student development, plants and supplies for garden improvements, and volunteer appreciation.

You can purchase a [new membership](#) or [renew your membership](#) today online or by calling (250) 479-6162.

Memberships are a great value and include:

- Free admission to the Gardens
- A free guest pass with each membership
- Discounted rates for additional guests
- 10% off plants and gift shop purchases
- Discounted member rates on Community Education Workshops
- Borrowing privileges at the HCP Library
- Discounts at select garden centers throughout Victoria
- 20% off Admission at Victoria Butterfly Gardens
- 20% off Admission to Bateman Foundation
- Free admission, free parking, or other discounts at participating gardens in the American Horticultural Society's Reciprocal Admissions Program



Guest Article

THE WEIRD PHENOMENON OF GREGARIOUS FLOWERING OF BAMBOO

We recently returned from holiday and noticed both of our large stands of black bamboo looked like they were dying. Upon observation we noted that much of the plant had turned brown and it had small dying flowers. We knew that when bamboo flowered it usually died so we were alarmed. What had happened? Why both?

I spoke to a couple of other people who had black bamboo who told me the same thing.

We decided to visit Victoria Bamboo and spoke to the very knowledgeable owner, Steve Vaughan who explained that this was called '**gregarious flowering**' a phenomenon where every black bamboo plant throughout the world on the various continents will flower at the same time.

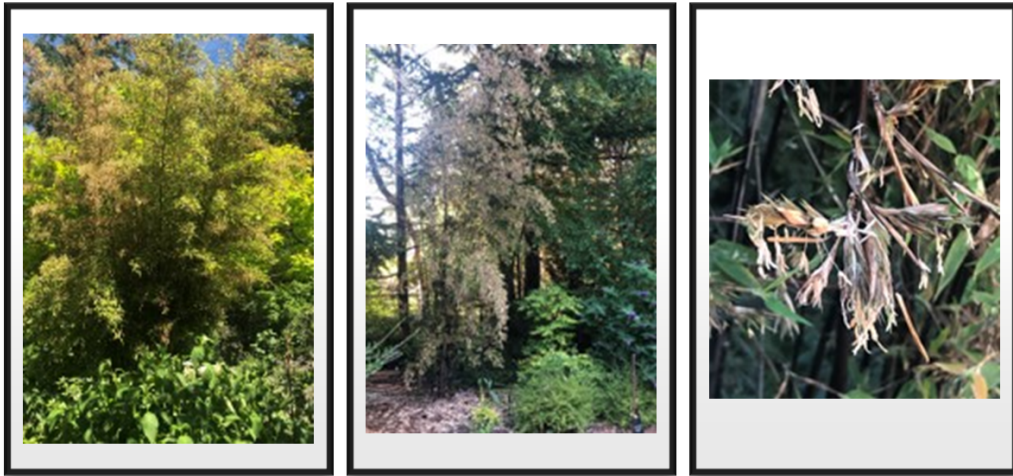
It usually happens perhaps once in up to 80 years! How do plants in various parts of the world know this is the right time to flower?

Scientists are baffled as to why and it is the subject of study.

In another year, a different variety of bamboo will decide to go to flower and who knows when?

So what can be done?

The owner Vaughan told us we could cut down the dead culms and feed it with a high nitrogen fertilizer like a lawn fertilizer in hopes it would return or just feed the whole plant with the same fertilizer and wait and see. Seeds can also be collected and the plant could be regenerated this way as well.



The first photo shows a very dead looking black bamboo.

The second shows a mix of some dead culms

The third the dead flowers (however, there is some green leaf...so some hope for survival).

This is a very strange occurrence and one that has many baffled.

Dale Piper



The Bookend





Artists in their Gardens

By Valerie Easton & David Laskin

Allan Mandell photography

Art and gardens! What a wondrous combination! With the book *Artists in their Gardens* we can go on a tour through 10 gardens of accomplished artists. Their art is public, but their gardens are for their own enjoyment. Yet here they share their extraordinary spaces and how they blend the creative process with the gardening process. The most surprising element may be a pyramid of bowling balls at the entrance to Johanna Nitzke Marquis's garden, inviting visitors to see gardens, art, and garden art in a whole new way. Also included is our own Robert Bateman, who's Salt Spring Island bluff incorporates elements of his favourite travels yet stays true to the Pacific Northwest environment. As the authors write, "Passion is the key. The passion to take risks, go with their obsessions, and simply to be crazy because it's fun. Perhaps it is as much courage as it is passion – a courage to break the rules, to pay no attention to what the neighbours may think."

Borrow this book from the HCP Library and be inspired.

Open all weekend of Arts & Music August 6 & 7, with 50% Off Books for Sale!

Library Hours:

Wednesday 10:00am - 1:00pm

Thursday 10:00am - 1:00pm

Saturday 10:00am - 1:00pm

Hope to see you soon!

Check our [online catalogue](#) to see our entire book collection, available 24/7.

Questions? Email library@hcp.ca anytime.

We at HCP gratefully acknowledge that we occupy unceded territory of the W̱SÁNEĆ and Lək̓ʷəŋən peoples. We recognize these lands and ecosystems are not our own. We recognize our role in the continuing process of dispossession, colonialism, and reconciliation. We recognize the need to do better. We humbly welcome all to join in this learning journey.

Office - 250-479-6162

Website - HCP.ca



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